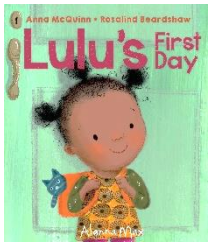

Theme: Marvellous Me Part 1: Lulu's First Day

Week 1-3 (07.09.26 – 25.09.2026)

We will help our friends to learn to:

Communication	Physical	Personal, Social, Emotional
To begin to follow nursery routines. To make choices using words/gestures.	Gradually gain control of their whole body through continual practice of large movements, such as waving, kicking, rolling, crawling and walking Explore different materials and tools.	To continue to build relationships with key adults. To develop confidence to separate from parents. Play with increasing confidence on their own and with other children, because they know their key person is nearby and available

Literacy	Number
Enjoy sharing books with an adult. Pay attention and respond to the pictures or the words.	Take part in finger rhymes with numbers. Compare amounts, saying "lots", "more" or "same".

The World	Expressive Arts
Use some of their senses in hands-on exploration of natural materials To learn about where resources are kept and familiarise themselves with the whole environment.	To take part in familiar role-play experiences in the home corner, using everyday objects and routines they recognise from home. Explore different materials and textures freely

Key Vocabulary

Hello, friend, nursery, play, help, body, head, hands, feet, eyes, nose, jump, walk, clap, stamp, big, small, paint, sand, dough, wet, dry, soft,

Adaptive teaching and a Total Communication approach will include:

Visual support / real objects
Photos of children and familiar adults, body-part pictures, mirrors, familiar home-corner objects.

Gestures / actions
Pointing, choosing, waving hello and goodbye, pointing to body parts, clapping, stamping, jumping and copying simple actions.

Signing (BSL)
A small number of useful signs will be modelled alongside spoken words, gestures and objects, including more, help, stop, finished, look, listen and friend.

Ways to help at home:

Active: Play simple action games together. Encourage your child to jump, walk, crawl, clap and stamp, and name the body parts they are using.

Creative: Have fun making handprints using paint. Talk about their hands, fingers and thumb's as you play.

Encourage: Name different parts of your child's body during everyday routines, for example, "wash your hands", "shoes on your feet" or "touch your nose".

Share on Tapestry: Please share a photograph of your child with a favourite toy or doing something they enjoy at home. We will use these to help children make connections between home and nursery and encourage simple conversations with familiar adults.

Some key experiences that your child will take part in:

Exploring Our Nursery
Children will explore the nursery and garden alongside familiar adults, learning where toys and resources are kept and becoming familiar with everyday routines. Adults will support children to make simple choices using words, gestures or pointing.

Hello Songs and Name Games
Children will join in with familiar hello songs and simple name games. This will help them become familiar with the names of their friends and adults, build relationships and develop confidence as part of the nursery group.

Sensory Exploration
Children will explore materials such as sand, playdough, cornflour and water. They will be encouraged to touch, squeeze, pour and mix, exploring different textures and developing their physical skills through hands-on play.

Hand and Foot Painting
Children will explore paint using their hands and feet, making handprints and footprints on paper. They will experience the feel of paint, notice the marks they create and begin to name simple body parts such as hands, fingers, feet and toes.

Life-Size Body Mapping
Children will work together to create a large body picture by drawing around a child or adult. They will add simple features using paint, fabric, wool and other materials while adults introduce and reinforce the names of different body parts.

Movement and Action Songs
Children will join in with action songs and movement experiences involving clapping, stamping, crawling, walking, jumping and balancing. They will practise using their whole bodies with increasing control and copying simple actions.

Home-Corner Role Play
Children will take part in pretend play based on familiar experiences from home, such as cooking, feeding a baby and getting ready. Adults will model simple language and support children to make choices and play alongside others.

Key dates for this term:

Supporting Learning at Home: Wednesday 16th September and Wednesday 30th September, 9.00am–10.00am
These curriculum workshops are led by one of our teachers, who will share simple and practical ways to support and extend your child's learning at home. All parents are welcome to attend.
Early Words Together – 6-week programme: Wednesday 14th October, 4th, 11th, 18th and 25th November, and 2nd December
Please speak to your child's key person to find out more about this programme and if you would like to take part with your child.

Key Information for Parents:

Spare Clothes
Children will be exploring a range of sensory experiences, including water, paint, sand and other messy materials. They may get wet or messy as they explore and play, so please make sure your child has a spare set of clothes at nursery.

Healthy snacks
As a Healthy Eating School, we encourage good habits from an early age. Many parents like to bring a snack at pick-up time, and we kindly ask that these are healthy options such as fruit, vegetables, or a small wholegrain snack. Thank you for your continuous support.

Walking or scooting
We encourage our children to walk or scoot to nursery whenever possible. This is a great way to support physical development, helping children build balance, coordination, and confidence. Walking to nursery can also support learning in other ways, it gives you time to talk together, notice what's happening around you, and develop your child's communication and vocabulary (for example, talking about what you can see, hear, and do on the way).
To help children practise these important skills, we kindly ask that children do not come in prams, unless absolutely necessary. Thank you for your support.