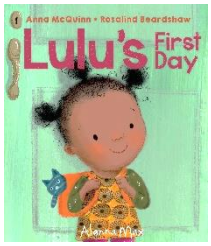


Theme: Marvellous Me Part 1: Lulu's First Day

Week 1-3 (07.09.26 – 25.09.2026

Children's House Nursery School

We will help our friends to learn to:

Communication	Physical	Personal, Social, Emotional
To begin to follow nursery routines. To make choices using words/gestures. To use simple sentences/gestures to ask for help when needed.	Climb stairs and use equipment safely To promote independence in self-care e.g. washing hands, using the bathroom and flushing after using the toilet. Continue to develop movement and balancing skills	To continue to build relationships with key adults. To develop confidence to separate from parents. To play alongside others, beginning to engage in play with others.

Literacy	Number
To continue to make marks in different sensory materials and begin to give meaning to their marks. To make marks and begin to give meaning to drawings and paintings. To begin to sit with a group of friends and listen/share stories.	To join in with counting songs. To measure ingredients. To begin to count out scoops of flour, salt and water when making dough.

The World	Expressive Arts
Use all their senses in hands-on exploration of natural materials To learn about where resources are and familiarise themselves with the whole environment. To explore the forest area and learn to use the water butt for independent play.	Take part in simple pretend play. Explore different materials and textures freely. To join in with familiar nursery rhymes

Key Vocabulary

Senses, see, hear, listen, smell, touch, body, head, arms, legs, hands, feet, eyes, ears, nose, family, home, friend, favourite, share, turn, jump, hop, crawl, stretch, balance, move, tall, short, taller, shorter, mark, draw, sand, dough, paint, soft, hard, rough, smooth, bumpy, sticky, wet, dry, squishy.

Adaptive teaching and a Total Communication approach will include:

Visual support / real objects

Mirrors, body-part picture cards, favourite toys, sensory materials such as sand, dough, paint and natural materials.

Gestures / actions

Actions linked to seeing, hearing, smelling and touching; pointing to different body parts; jumping, hopping, crawling, stretching and balancing; copying actions during Simon Says; moving and dancing to music; and gestures to support sharing, turn-taking and making choices.

Signing (BSL)

Key signs linked to the experiences and children's everyday communication, such as look, listen, touch, smell, body, family, friend. Signs will be used alongside spoken language, gestures, visuals and real objects to support children's understanding and communication.

Ways to help at home:

Active: Play a simple 'Move Like Me' or Simon Says game together. Encourage your child to jump, hop, crawl, stretch and balance, talking about the different parts of their body as they move.

Creative: Encourage your child to create a picture of themselves or work together and create a life-size body picture.

Encourage: Talk about and name their different body parts, you can help them to label the body parts.

Share on Tapestry: Please share a family photograph and/or a photograph of your child with their favourite toy. We will use these to encourage children to talk about the people and things that are special to them and share these with their friends at nursery.

Some key experiences that your child will take part in:

Sensory Walk
Children will explore the nursery and garden using their senses. They will be encouraged to talk about what they can **see, hear, smell and touch**, developing their observational skills and vocabulary. This may also include a listening walk in the local area.

Sensory Exploration
Children will explore a range of sensory materials, including sand, dough, paint, cornflour and natural materials. They will use their senses to investigate different textures and properties, using words such as soft, hard, rough, smooth, bumpy, sticky, wet and dry to describe what they notice.

Life-Size Body Mapping
Children will work together to create life-size body pictures by lying down and being drawn around. They will decorate their body outlines and learn to identify and name different parts of the body.

'Move Like Me' Outdoor Activities
Children will take part in outdoor movement activities involving jumping, hopping, crawling, stretching and balancing. These experiences will help develop their coordination, balance, body awareness and confidence in moving in different ways.

Simon Says and Action Songs
Children will play *Simon Says* and join in with action songs involving different parts of the body. They will practise listening and following simple instructions while developing their understanding of body-part vocabulary and movement.

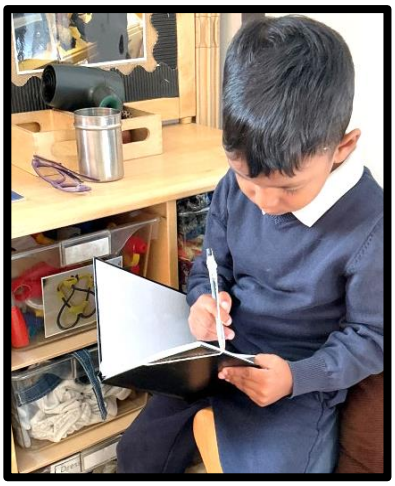
Dance and Movement to Music
Children will explore moving their bodies to different types of music using ribbons, scarves and instruments. They will develop rhythm, coordination and confidence while finding their own ways to respond to music through movement.

Large-Scale Construction
Children will work individually and with others to build using blocks and construction materials. They will develop their physical skills, imagination and problem-solving as they plan, build, change and talk about their creations.

Home-Corner Role Play
Children will take part in pretend play based on familiar family routines and home experiences. Adults will model language and introduce vocabulary to encourage children to talk about their play, share their experiences and develop their imagination.

Favourite Toy Sharing
Children will have opportunities to share and talk about their favourite toys. They will be encouraged to communicate their likes and preferences, listen to their friends and practise important social skills such as sharing and turn-taking.

Measuring How Tall We Are
Children will use blocks or cubes to measure how tall they are and compare their height with their friends. They will practise counting and begin to use mathematical language such as tall, taller, short and shorter



Key dates for this term:

Supporting Learning at Home: Wednesday 16th September and Wednesday 30th September, 9.00am–10.00am
These curriculum workshops are led by one of our teachers, who will share simple and practical ways to support and extend your child's learning at home. All parents are welcome to attend.
Early Words Together – 6-week programme: Wednesday 14th October, 4th, 11th, 18th and 25th November, and 2nd December
Please speak to your child's key person to find out more about this programme and if you would like to take part with your child.
Trip to Victoria Park: Thursday 1st October, 9.15am–11.45am
Trip to the Museum of London Docklands: Tuesday 13th October, 9.30am–1.30pm
Trips will take place in small groups. A member of staff will speak with you if your child is selected to take part on this occasion. All children will have opportunities to attend trips during their time at the nursery.